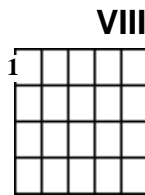


# FRETTING PRESSURE EXERCISE

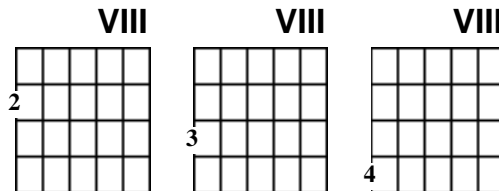
This is a good warm-up exercise. Fret the note shown below. In five steps, increase fretting pressure from totally muting the note to applying just barely enough pressure to clearly fret the note. Here is a description of the five steps:

- Step 1.* The note is clearly muted. Picking it produces a thumping sound, with no buzzing.
- Step 2.* The note is muted, but just barely buzzes. Picking it produces a thumping sound, with buzzing
- Step 3.* The note is clearly buzzing. Picking it produces buzzing, not a muted sound, not a clear note.
- Step 4.* The note is almost clear. Picking it still produces slight buzzing, but you can hear the fretted note.
- Step 5.* You are applying just barely enough pressure to sound the note clearly.



Make sure you are not increasing pressure abruptly on one of the steps. Typical mistakes are to increase pressure too abruptly between steps four and five. For example don't apply half the pressure during steps one through four, then the rest on step five.

Now apply the five steps listed above to each of the other three fingers as shown below. Of course, apply all five steps to the second finger; then apply all five steps to the third finger; then apply all five steps to the little finger.



Okay, now for the hard part! Apply the five steps to each of the pairs of notes below, making sure that the sound attributes described in each of the five steps above occur on both notes simultaneously. In order to be able to hear the notes clearly on these two note chords, pluck them with your thumb and index finger, rather than picking them.

